Team Building Skills

To build a good and an effective team you have to learn how to build confidence, trust and friendships. This is a long lasting process that requires many skills.

1. **Active listening and care for others**
   - To build a team you have to understand other team members needs, beliefs, worries, hopes.

2. **Collaborative skills**
   - Effective team means a great collaborative team.

3. **Creativity, creative thinking and idea exchange**

4. **Problem-solving skills**
   - Learn to deal with conflicts in the most effective way.

5. **Others**
   - Positive Attitude
   - Relationship Building
   - Responsibility
   - Understanding Feelings
   - Honesty
   - Influencing

6. **Supportive**
   - There is no team without support. Support keeps a team together. It promotes reliability.

7. **Patience**
   - Patience is about being tolerable and understanding.

8. **Building confidence**
   - To be confident means that people can rely on you and can trust you.

9. **Communication skills**
   - Verbal and non-verbal communication skills
   - Confidence
   - Empathy
   - Open-Mindedness
   - Feedback